

# Edy's Outshine Fruit Bars

Grape Flavor:

## Nutrition Facts

Serving Size 1 Bar

Amount Per Serving	
Calories 60	Calories from Fat 0
% Daily Value *	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 16g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 16g	
Sugar Alcohols 0g	
<b>Protein</b> 0g	
Vitamin A	<b>0%</b>
Vitamin C	<b>20%</b>
Calcium	<b>0%</b>
Iron	<b>0%</b>

### Ingredients:

WATER, CONCORD GRAPE PUREE, SUGAR, GRAPE JUICE CONCENTRATE, MALIC ACID, NATURAL FLAVOR, GUAR GUM, ASCORBIC ACID (VITAMIN C), CAROB BEAN GUM.

Fat-Free, Kosher

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Lime Flavor:

## Nutrition Facts

Serving Size 1 Bar

Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value *	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 17g	
Sugar Alcohols 0g	
<b>Protein</b> 0g	
Vitamin A	<b>0%</b>
Vitamin C	<b>25%</b>
Calcium	<b>0%</b>
Iron	<b>0%</b>

### Ingredients:

WATER, SUGAR, LIME JUICE FROM CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, LIME PULP, GUAR GUM, LIME AND LEMON PEEL, CAROB BEAN GUM, ASCORBIC ACID (VITAMIN C).



# Edy's Outshine Fruit Bars

Strawberry Flavor:

## Nutrition Facts

Serving Size 1 Bar

Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value *	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 0.5g	<b>2%</b>
Sugars 17g	
Sugar Alcohols 0g	
<b>Protein</b> 0g	
Vitamin A	<b>0%</b>
Vitamin C	<b>20%</b>
Calcium	<b>0%</b>
Iron	<b>0%</b>

### Ingredients:

WATER, STRAWBERRIES, SUGAR, CAROB BEAN GUM, GUAR GUM, CITRIC ACID, COLOR (BEET JUICE, TURMERIC EXTRACT), NATURAL FLAVORS, ASCORBIC ACID (VITAMIN C).

Fat-Free, Kosher

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Pineapple Flavor:

## Nutrition Facts

Serving Size 1 Bar

Amount Per Serving	
Calories 80	Calories from Fat 0
% Daily Value *	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 19g	
Sugar Alcohols 0g	
<b>Protein</b> 0g	
Vitamin A	<b>0%</b>
Vitamin C	<b>20%</b>
Calcium	<b>0%</b>
Iron	<b>0%</b>

### Ingredients:

WATER, PINEAPPLE JUICE FROM CONCENTRATE (WATER, PINEAPPLE JUICE CONCENTRATE), SUGAR, PINEAPPLE, CITRIC ACID, MODIFIED CORN STARCH, GUAR GUM, CAROB BEAN GUM, ASCORBIC ACID (VITAMIN C), NATURAL FLAVOR, ANNATTO COLOR, TURMERIC COLOR EXTRACT.

Kosher

## Klondike Original Bar

Serving Size: 1 bar (86g)	Total carbohydrate: 29g
Calories: 250	Dietary fiber: less than 1g
Calories from fat: 130	Sugars: 23g
Total fat: 14g	Protein: 3g
Saturated fat: 11g	% DV* Vitamin A: 6
Trans fat: 0g	% DV* Vitamin C: 0
Cholesterol: 10mg	% DV* Calcium: 10
Sodium: 70mg	% DV* Iron: 0

\* Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Light ice cream [nonfat milk, sugar, corn syrup, milkfat, whey, maltodextrin, propylene glycol monoesters, cellulose gel, mono and diglycerides, cellulose gum, locust bean gum, guar gum, polysorbate 80, carrageenan, natural and artificial flavor, caramel color, annatto (for color), vitamin A palmitate], milk chocolate flavored coating (sugar, coconut oil, chocolate liquor processed with alkali, milk, whey, soybean oil, cocoa processed with alkali, natural and artificial flavor, soy lecithin, salt).

Not a light food. \*The light ice cream in this product has 65% less fat and 35% fewer calories than a range of full-fat ice creams. See nutrition information for fat and saturated fat content.



## Klondike Ice Cream Sandwich

Serving Size: 1 sandwich (73g)	Total carbohydrates: 31g
Calories: 180	Dietary fiber: less than 1g
Calories from fat: 40	Sugars: 16g
Total fat: 4.5g	Protein: 3g
Saturated fat: 2.5g	% DV* Vitamin A: 4
Trans fat: 0g	% DV* Vitamin C: 0
Cholesterol: 10mg	% DV* Calcium: 8
Sodium: 150mg	% DV* Iron: 0

\* Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Light ice cream: nonfat milk, sugar, corn syrup, milkfat, whey, maltodextrin\*, propylene glycol monoesters, cellulose gel, mono and diglycerides, cellulose gum, locust bean gum, guar gum, polysorbate 80, carrageenan, natural and artificial flavor, caramel color, annatto (for color), vitamin A palmitate. Wafer: bleached wheat flour, sugar, palm oil, caramel color, dextrose, high fructose corn syrup, modified corn starch, baking soda, salt, cocoa, soy lecithin.

\*Not in regular ice cream.



# Luigi's Italian Ice Squeezers

Cherry Flavor:

## Nutrition Facts

Serving Size: 1 tube/ 4 oz. (118 mL) (4 FO)  
Serving Per Container:

<b>Calories</b>	70	
Calories from Fat	0	
	<b>Per Serving</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans Fat</i>	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	15mg	<b>1%</b>
<b>Total Carbohydrate</b>	19g	<b>6%</b>
Dietary Fiber	0g	<b>0%</b>
Sugars	14g	
<b>Protein</b>	0g	
<b>Vitamin A</b>	<b>0%</b>	
<b>Vitamin C</b>	<b>100%</b>	
<b>Calcium</b>	<b>2%</b>	
<b>Iron</b>	<b>2%</b>	

## Ingredients:

Micron Filtered Water, Sugar, Corn Syrup, Concentrated Cherry Juice, Citric Acid, Guar and Cellulose Gums, Carrageenan, Natural & Artificial Flavor, Ascorbic Acid (Vitamin C), FD&C Red #40, FD&C Blue #1.

Lemon Flavor:

## Nutrition Facts

Serving Size: 1 tube 4 fl. oz. (118 mL) (4 FO)  
Serving Per Container:

<b>Calories</b>	70	
Calories from Fat	0	
	<b>Per Serving</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans Fat</i>	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	15mg	<b>1%</b>
<b>Total Carbohydrate</b>	17g	<b>6%</b>
Dietary Fiber	0g	<b>0%</b>
Sugars	13g	
<b>Protein</b>	0g	
<b>Vitamin A</b>	<b>0%</b>	
<b>Vitamin C</b>	<b>100%</b>	
<b>Calcium</b>	<b>0%</b>	
<b>Iron</b>	<b>0%</b>	

## Ingredients:

Micron Filtered Water, Sugar, Corn Syrup, Concentrated Lemon Juice, Citric Acid, Natural Flavor, Guar and Cellulose Gums, Ascorbic Acid (Vitamin C), and Carrageenan.



## Luigi's Italian Ice Squeezers

Strawberry Flavor:

### Nutrition Facts

Serving Size: 1 tube 4 fl. oz. (118mL) (4 FO)

Serving Per Container:

<b>Calories</b>	70	
Calories from Fat	0	
	<b>Per Serving</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans Fat</i>	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	15mg	<b>1%</b>
<b>Total Carbohydrate</b>	18g	<b>6%</b>
Dietary Fiber	0g	<b>0%</b>
Sugars	14g	
<b>Protein</b>	0g	
<b>Vitamin A</b>		<b>0%</b>
<b>Vitamin C</b>		<b>100%</b>
<b>Calcium</b>		<b>0%</b>
<b>Iron</b>		<b>0%</b>

### Ingredients:

Micron Filtered Water, Sugar, Corn Syrup, Natural Flavor, Concentrated Strawberry Juice, Citric Acid, Guar and Cellulose Gums, Ascorbic Acid (Vitamin C), Beet Juice Concentrate (for color), Carrageenan, and Caramel (for color).

## Popsicle Fudgsicle Bars

### Nutrition Facts

Serving Size

1 Bar (65g)

**Amount Per Serving**

<b>Calories</b>		<b>100</b>
<b>Calories From Fat</b>	20	
		<b>% Daily Value*</b>
<b>Total Fat</b>	2g	<b>3%</b>
<b>Saturated Fat</b>	1g	<b>5%</b>
<b>Trans Fat</b>	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	80mg	<b>3%</b>
<b>Total Carbohydrate</b>	17g	<b>6%</b>
<b>Dietary Fiber</b>	less than 1 gram	<b>3%</b>
<b>Sugars</b>	14g	
<b>Protein</b>	2g	
<b>Vitamin A</b>		<b>0%</b>
<b>Vitamin C</b>		<b>10%</b>
<b>Calcium</b>		<b>15%</b>
<b>Iron</b>		<b>4%</b>

\*Percent Daily Values are based on a 2,000 calorie diet

**Ingredients:** nonfat milk, sugar, corn syrup, whey, high fructose corn syrup, water, palm oil, cocoa processed with alkali, tricalcium phosphate, mono and diglycerides, cellulose gum, guar gum, malt powder, salt, polysorbate 80, polysorbate 65, carrageenan



If Fudgsicle brand is unavailable, the following brand may be substituted:

## Blue Bunny Big Fudge Bars

# Nutrition Facts

Serving Size 1 bar (63g)  
Servings Per Container 20

### Amount Per Serving

**Calories** 90

Calories from Fat 10

### % Daily Values\*\*

<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 1g	<b>4%</b>
Trans Fat 0g	
<b>Cholesterol</b> Less than 5mg	<b>1%</b>
<b>Sodium</b> 60mg	<b>2%</b>
<b>Potassium</b> 170mg	<b>5%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 14g	
<b>Protein</b> 3g	<b>5%</b>
Vitamin A	*
Vitamin C	*
Calcium	10%
Iron	*
Thiamin	2%
Riboflavin	10%
Vitamin B12	4%
Phosphorus	8%

\*Contains less than 2% of these values

**INGREDIENTS:** Skim Milk, Whey, Sugar, Corn Syrup, Cocoa Processed with Alkali, Coconut Oil, Mono & Diglycerides, Guar Gum, Dextrose, Cellulose Gum, Xanthan Gum.

This product, when extremely cold, may stick to warm lips or tongue. Allow to warm slightly before eating.

**ALLERGEN INFORMATION:** Contains milk.





# Nutrition Facts

Serving Size 1 bar (76g)  
Servings Per Container 24  
**Calories 100**  
Calories from Fat 10

Amount Per Serving	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 55mg	<b>2%</b>
Vitamin A 0% • Vitamin C 2%	

Amount Per Serving	% Daily Value*
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber less than 1g	4%
Sugars 16g	
<b>Protein</b> 3g	
Calcium 10% • Iron 4%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat:	Less than 65g	80g
Saturated Fat:	Less than 25g	25g
Cholesterol:	Less than 300mg	300mg
Sodium:	Less than 2,400mg	2,400mg
Total Carbohydrate:	300g	375g
Dietary Fiber:	25g	35g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### BEST BEFORE

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-PLT- 53/38 011205

INGREDIENTS: NONFAT MILK, SUGAR, CORN SYRUP, WHEY, CREAM, COCOA PROCESSED WITH ALKALI, GUAR GUM, VANILLA EXTRACT.  
CONTAINS MILK.  
DISTRIBUTED BY: LUCERNE FOODS, INC.  
P.O. BOX 98, PLEASANTON, CA 94588-0098  
1-877-232-4277



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